

RECOMMENDED INDIA PACKING LIST

You can find an assortment of familiar brands and Indian equivalents at major stores and street markets.

But if you like to feel prepared or attached to a personal brand, here's a recommended packing list!

Toiletries

- ☐ Toothbrush and toothpaste
- ☐ Shampoo, soap, hair brush
- ☐ Hand sanitizer/hand wipes
- ☐ Toilet paper/flushable wipes
- ☐ Sunscreen
- ☐ Feminine hygiene products
- ☐ Your prescription medicines, allergy medication, inhalers, Tylenol
- ☐ Light towel (for showering)
- ☐ Mosquito/Bug Repellant (at least 20% deet)

Clothing

- ☐ Hat, scarf and sunglasses
- ☐ Comfortable walking shoes (toes covered)
- ☐ Sturdy work shoes (toes covered)
- ☐ Waterproof jacket
- ☐ Modest skirts/shorts/dresses (no tank tops or see through clothing)
- ☐ Winter jacket (October to February)
- ☐ Cool, air dry tops (March to October)

Useful

- ☐ Tide Pen
- ☐ Ziplock bags
- ☐ Water bottle with filter
- ☐ Adapter
- ☐ Cable and combination lock for luggage
- ☐ Flashlight
- ☐ Indoor flip flops (for the bathroom)
- ☐ Hydration tablets or electrolyte packets
- ☐ Face mask and personal work gloves
- ☐ Money belt
- ☐ Air freshener (travel size)
- ☐ Mosquito net
- ☐ Personal pillow
- ☐ Materials you will need for any teaching ideas you may have



Donations for schools (not mandatory)

- ☐ Games (Uno, chess etc.)
- ☐ English reading books (for all ages)
- ☐ Art supplies (crayons, coloring books etc.)