

Globe Aware Cuzco Packing Information

You will not regret packing light. Keep in mind that it is OK to wear clothes more than once, and that two weeks is not a very long time. There is a good possibility that you will get very wet, muddy or dirty with many of our work projects. Good, durable, “non-fussy” clothing is best. Pack according to what you feel will make you most comfortable.

It is late fall in Peru. Please remember that this will sometimes mean cold conditions. Weather will range between 32 and 67 degrees.

Important to note:

Linens, pillows and mattresses may not be the quality you are used to at home. For those who are more particular about their bedding you may consider bringing a “sleep sack” or even a sleeping bag. Our accommodations do not have central heating and it can get cold at night.

Please note that the packing list is meant as a guideline. There is no single item that you can't live without for one week. Pack what you think you will need to be comfortable, but do not get preoccupied about items that you didn't bring, weren't on the list, etc. Everyone has different opinions about essential items!

We ask that EVERYONE bring the following items:

- **Work Gloves / Face mask for painting**
- **Warm clothing**
- **Towel (not provided at accommodations)**
- **Flip flops for showering**
- **Sports Water bottle (to refill at accommodations and work sites)**
- **Waterproof shoes / work or rain boots**
- **Toiletries and any prescription medication needed**
- **Umbrella or rain poncho**

ITEMS YOU WILL FIND USEFUL TO BRING:

- Sunscreen & sun hat
- Swimsuit for hot springs in Machu Picchu
- Snacks
- Pants for working and relaxing
- Towel
- Toilet paper / tissues or wipes
- Comfortable walking shoes
- Flashlight
- Work clothes that may get ruined
- Socks and plenty of underwear
- Day pack / Small backpack
- Strong money belt
- Camera / memory cards / chargers
- Money / credit cards for personal expenditures
- Lip balm
- **Travel charger & converter (see Electricity section in the orientation materials for more information)**

You may enjoy bringing games or books for free time. Be sure you leave plenty of space in your bags for souvenirs!

***Important note:** During volunteer work projects, all Globe Aware volunteers are expected to dress respectfully and appropriately for the culture. **Avoid bringing expensive jewelry or designer clothing. Make sure you check with your cell phone provider about foreign roaming or international data plans. Accommodations in Cuzco may have Wi-Fi available, but this is unreliable.**

Remember that however much you pack, there are likely to be many people in Cuzco who have never had as much as you've brought in your bag.

Globe Aware volunteers are expected to dress respectfully and appropriately for the culture.


Donation Items

You might feel inclined to bring something to donate to the people you will meet or give something to community hosts who have been particularly helpful or courteous. In the past, volunteers have given an empty journal decorated with a child's name, or written them a thank you note, sung them a song, etc. People also enjoy seeing simple tokens from home, such as postcards of your hometown, or photos of your family.

The communities that you will visit in Peru have a lot of needs, especially for used cold-weather clothing, shoes of all sizes (closed toe - the weather does not really favor sandals) and school supplies, but most especially clothing. Please be aware that bringing donations can also sometimes be awkward. In some instances, receiving donations can effect the recipients' pride negatively. This is not always the case. Do try and consider when donating used clothes, particularly those used during the program, if you feel the local community members would actually want them. It is best to discuss donations with the coordinator for these reasons. Your coordinator will ensure that the donations are distributed in a proper manner.

There are cases that donations are more readily accepted, however there are often still local cultural nuances that can make the act of giving complicated. In order to preserve pride, please discuss **how** your donations can be presented with the coordinator.

Should you decide you want to bring items to donate, you may consider: toothbrushes, toothpaste, dental floss, shampoo, soap, linens, kitchen utensils, flashlights with batteries, children's books, cold weather clothing - shoes, underwear, t-shirts, socks, gently used clothing for children- , school supplies, and educational toys or toys that do not require batteries - UNO, Connect Four, jump ropes, balls - of any kind.



We discourage cash donations and distributing money in all of our communities.

You may also want to leave behind the items you used during the week - clothes, towels, linens if you brought them. However, you are absolutely not expected to bring anything. You are already doing quite a lot by participating in this program and we are more than grateful for that as are the members of the communities you will visit.