

Laos

SAMPLE ITINERARY

Day	Place	Itinerary
Day 1 Sunday	Vientiane	Pick-up and transfer to project site.Afternoon Orientation
Day 2 Monday	Rural Laos (project site)	 Breakfast; depart to the worksite Lunch break 12:30 PM to 1:30 PM. Free time in the evening. Dinner
Day 3 Tuesday	Rural Laos (project site)	 Volunteer work continues. Lunch break 12:30 PM to 1:30 PM Free time in the evening. Dinner
Day 4 Wednesday	Rural Laos (Project site)	 Volunteer work continues. Lunch break 12:30 PM to 1:30 PM Free time in the evening. Dinner
Day 5 Thursday	Rural Laos (Project site)	 Volunteer work continues. Lunch break 12:30 PM to 1:30 PM Free time in the evening. Dinner
Day 6 Friday	Rural Laos (Project site)	 Volunteer work ends. Visit the nearby pool or river restaurants. Please request in advance, if you prefer this visit during the week.
Day 7 Saturday	Vientiane	Departure day.Drop off at the airport.

Your program runs from Sunday to Sunday. This is an example itinerary, so you have a rough idea of what your week will be like. Please note that these activities are subject to change and depend on how many volunteers are there during the week, project availability, weather, previous progress, etc.