## GlobeAware have fun. help people.

## Costa Rica Orosi Valley Paradise Experience Sample Itinerary

### Saturday



Please note that this is only a sample itinerary and may not reflect the final working itinerary for your program. Itineraries are based on a variety of factors including; work completed by previous volunteers, supplies available, group demographics and even weather.

Mid-Day	Pick-up in San Jose
Afternoon	Arrive in El Yaz; Orientation and settle into accomodations
Evening	Welcome dinner, free time

### Sunday

Morning	Late Breakfast
Mid-Morning	Explore property, drive around the lake, visit the monument of Ujarras, Casa del Soñador, the Orosi town and Colonial Church, visit Cartago and the church ruins
Mid-Day	Lunch at the Mercado Central
Afternoon	Free time to explore, visit Basilica de los Angeles
Evening	Dinner



### Monday



Morning	Breakfast
Mid-Morning	Work Project
Mid-Day	Lunch with a local family; free time
Afternoon	Work Project
Evening	Free time; dinner with a local family

### Tuesday

Morning	Breakfast
Mid-Morning	Work Project
Mid-Day	Lunch with a local family; free time
Afternoon	Continue with work project
Evening	Dinner with a local family



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## **Costa Rica Orosi Valley Paradise Experience Sample Itinerary**

Wednesday



Morning	Breakfast
Mid-Morning	Hiking in Tapanti National Park and optional excursion(s) : hot springs / rock climbing / pool / ziplining / rafting
Mid-Day	Lunch; Free time (depending on excursions)
Afternoon	Free time
Evening	Dinner

### Thursday

Morning	Breakfast
Mid-Morning	Work Project
Mid-Day	Lunch
Afternoon	Work project or visit Paco's farm and have coffee and tortilla making time at Mama Luz's house
Evening	Dinner; free time



### Friday



Morning	Breakfast
Mid-Morning	Work Project or Optional ziplining / ziplining / rafting
Mid-Day	Lunch with a local family
Afternoon	Cachi Lake visit and cook dinner for locals
Evening	Farewell dinner party with work project community

### Saturday

Morning	Breakfast; depart for San Jose
Mid-Morning	Arrival at airport