# **Cambodia Rediscovered: Sample Itinerary**

## Sunday



Morning	Meet fellow volunteers, get settled into accommodations
Mid-Day	Welcome lunch
Afternoon	Introductions and Orientation; discuss goals and itinerary
Evening	Discuss preconceptions and expectations. Team Building exercise. free time: shower, explore the area, write in your journal, etc. Dinner

## Monday

Morning	Breakfast at hotel
Mid-Morning	9:30-5 visit to Angkor Wat temples
Mid-Day	Lunch at Angkor Cafe; Journal project
Afternoon	Meet with APDO to organize wheelchair project; cultural scavenger hunt activity
Evening	Free time, dinner. See the sunset at Angkor Wat temple entrance.



#### Tuesday



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Morning	Breakfast at hotel, quick Khmer lesson
Mid-Morning	Walk to work site; wheelchair assembly
Mid-Day	Lunch
Afternoon	Go to Landmine Museum; free time; go on mission to taste Angkor beer, check email, explore.
Evening	Free time; cooking lesson, dinner

#### Wednesday

Morning	Give alms to monks, Breakfast, language lesson
Mid-Morning	Work on wheelchair project
Mid-Day	Lunch
Afternoon	Visit micro-library and APDO information center
Evening	Free time; cooking lesson, dinner; go to Phnom Bakheng to watch the sunset.



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### Thursday

Morning	Breakfast at hotel
Mid-Morning	Finish wheelchairs and present to recipients
Mid-Day	Lunch
Afternoon	Teach English colloquialisms to novice monks
Evening	Cooking lesson; dinner; review journal project; review scavenger hunt project.



#### Friday



Morning	Breakfast at hotel
Mid-Morning	Farewell party lunch
Mid-Day	Lunch
Afternoon	Visit the Killing Fields Memorial; free time, revisit temples, go to the archeological park
Evening	Free time; dinner; prepare for farewell party

### Saturday

Morning	Breakfast at hotel; evaluations, goodbyes
Mid-Morning	Depart for airport

