Cambodia Rediscovered : Sample Itinerary

Saturday



	N .
Morning	Meet fellow volunteers, get settled into
	accomodations
Mid-Day	Welcome lunch
Afternoon	Introductions and Orientation; discuss goals and
	itinerary
Evening	Discuss preconceptions and expectations. Team
	Building exercise. free time: shower, explore area,
	write in your journal, etc. Dinner

Sunday

Morning	Breakfast at hotel
Mid-Morning	9:30-5 visit to Angkor Wat temples
Mid-Day	Lunch at Angkor Cafe; Journal project
Afternoon	Meet with APDO to organize wheelchair project; cultural scavenger hunt activity
Evening	Free time, dinner. See the sunset at Angkor Wat temple entrance.



Monday



Morning	Breakfast at hotel, quick Khmer lesson
Mid-Morning	Walk to work site; wheelchair assembly
Mid-Day	Lunch
Afternoon	Go to Landmine Museum; free time; go on mission to taste Angkor beer, write in your journal, check email, explore.
Evening	Free time; cooking lesson, dinner

Tuesday

Morning	Give alms to monks, Breakfast, language lesson
Mid-Morning	Work on wheelchair project
Mid-Day	Lunch
Afternoon	Visit micro library and APDO information center
Evening	Free time; cooking lesson, dinner; go to Phnom Bakheng to watch the sunset.



Cambodia Rediscovered : Sample Itinerary

Wednesday

Morning	Breakfast at hotel
Mid-Morning	Finish wheelchairs and present to recipients
Mid-Day	Lunch
Afternoon	Teach English colloquialisms to novice monks
Evening	Free time, cooking lesson, dinner.



Thursday



Morning	Breakfast at hotel
Mid-Morning	English instruction; computer skills instruction; teach self esteem class
Mid-Day	Lunch
Afternoon	Excursion to Tonle Sap Lake
Evening	Free time; dinner; prepare for farewell party

Friday

Morning	Breakfast at hotel
Mid-Morning	Explore Siem Reap; free time
Mid-Day	Farewell party lunch
Afternoon	Visit the Killing Fields Memorial; free time, revisit temples, go to the archeological park
Evening	Cooking lesson; dinner; review journal project; review scavenger hunt project.



Saturday

Morning	Breakfast at hotel; evaluations, goodbyes
Mid-Morning	Depart for airport